

## Why?

### Do you wish that you could ...

- Play a musical instrument?
- Read music?
- Be part of a band?
- Play favorite melodies & exciting band arrangements?
- Meet new people who share a love of music?
- Find a weekly outing which promotes good health, relaxation, and fun?

## Why Now?

- Mental stimulation
- Social stimulation
- Physical fitness through deep, controlled breathing, correct posture, etc.
- Stress release
- Deeper appreciation of music

**JOIN THE  
NEW HORIZONS BAND!**

## What is New Horizons?

New Horizons Music is an international program that provides entry points to music making for adults, including those with no musical experience at all and also those who were active in school music programs but have been inactive for a long period. Many adults would like an opportunity to learn music in a group setting similar to that offered in schools, but the last entry point in most cases was elementary school. We know that for most of the last century, about 15-20 percent of high school students nationally participated in music. From that, we can estimate that at least 80 percent of the adult population needs beginning instruction in order to participate in making music. New Horizons Music programs serve that need. For more information:

[www.newhorizonsmusic.org](http://www.newhorizonsmusic.org)

OR [www.nisom.com](http://www.nisom.com)

**The Dubuque New Horizons Band Project brought to you through these partners:**

- The Northeast Iowa School of Music
- Colts Drum and Bugle Corps
- Kepharts Music Center
- Dubuque Community School District
- Arts and Culture Commission, City of Dubuque

The Northeast Iowa School of Music presents

# New Horizons Band

*music program for  
ages 50 and older*



Northeast Iowa School  
of Music

2728 Asbury Road  
2nd floor of the Springs Bldg  
at Fountain Park  
Dubuque, IA 52001  
[www.nisom.com](http://www.nisom.com)  
phone: 563-690-0151  
fax: 563-690-0152

## It's never too late to join the BAND!

### If you have never played before

(or if you have forgotten what you learned a long time ago):

- Stop in during our Open House Saturday, September 26, 11am-1pm, Kephart's Music Center on Hwy 20
- Try out the band instruments and see what fits you best. We will be there to help!
- Purchase or rent to own arrangements may be made through Kepharts.
- Or bring in your old instrument to make sure it is in playable condition.

**Invite a friend to join with you!**

## Group Lessons through the Northeast Iowa School of Music

- Small group lessons will begin the first week in October;
- Nine 1-hour lessons for only \$95;
- minimum of 3 students per group.
- Time/day to be arranged to best fit your schedule.
- When you are ready, you may join the band!



**Our promise: it will be fun!**

**Register at the Open House or**

**call NISOM: 563-690-0151**

## If you already play a band instrument:

- Join the band immediately!
- Weekly rehearsals 6:30-7:30pm Monday evenings at the Colts Center downtown; directed by John Woodin!
- Only \$25 for our first 9 weeks!
- First rehearsal: October 5
- Performances: yes!

### What happens after the first 9 weeks?

This is a pilot program, made possible through a grant from the City of Dubuque. We fully expect to keep this program going after the holidays. Additional sessions of lessons and rehearsals will be added with the input of those who participate in the pilot program.